







PUSH UP CHALLENGE

Donate to "Flatten the curve"

TOGETHER WE CAN OVERCOME



- 1. Do a number of push ups make sure you take a video of it
- 2. Donate an amount here: www.justgiving.com/fundraising/ocymdublin
- 3. Please share your videos at: youthdublin@indianorthodoxireland.ie

Deadline 24 May 2020



f www.facebook.com/stthomas.iocdublin





All funds will go to basis.point

if irish funds

Covid-19
Emergency Relief
Fund for
vulnerable
communities