

GENERAL GUIDELINES AND SAFETY PROTOCOLS



FOR SAFE REOPENING OF PARISH

**ST. THOMAS INDIAN ORTHODOX CHURCH,
DUBLIN, IRELAND**

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* THIS DOCUMENT IS ONLY FOR GENERAL USE OF THE PARISH (4 PAGES & COVER)

MEASURES / PROTOCOLS	SUGGESTIONS / HSE DIRECTIVES	REMARKS / COMMENTS
<p>MAINTAIN SOCIAL DISTANCING A FAMILY TOGETHER AND INDIVIDUALS MAINTAINING DISTANCE</p>	<p>2 METERS DISTANCE AND EACH FAMILY SHOULD OCCUPY DESIGNATED PLACES TOGETHER WHILE ATTENDING WORSHIP/QURBANA. AVOID UNNECESSARY MOVEMENTS</p>	<p>THE NUMBER OF PARISHIONERS ATTENDING OR ALTAR ASSISTANCE FOR ANY PARTICULAR SERVICE SHOULD BE MINIMISED THROUGH THE USE OF ROTA SYSTEM ETC.</p>
<p>DO NOT BLOCK THE DOORS OR WALKWAYS. USE DESIGNATED DOORS FOR ENTRY AND EXIT</p>	<p>SEATING ARRANGED/MARKED TO FOLLOW SOCIAL DISTANCING. FACILITATE FREE MOVEMENT</p>	<p>STRICTLY OCCUPY SEATS AND KEEP WALKWAYS FREE FOR MOVEMENT.</p>
<p>OCCUPY MARKED SEATS IN FRONT AND TOGETHER AS A FAMILY</p>	<p>CAREFUL CONSIDERATION SHOULD BE GIVEN TO FILLING SEATS IN ORDER, STARTING FROM THOSE FURTHEST FROM THE ENTRANCE.</p>	<p>OCCUPY SEATS FROM FRONT, FURTHEST FROM THE ENTRANCE (CLOSE TO ALTAR) IN ORDER.</p>
<p>BRING PERSONAL – QURBANAKRAMAM/ PRAYER BOOKS/ BIBLE/ WATER BOTTLES</p>	<p>USING COMMON ITEMS CAN INCREASE THE CHANCES OF VIRUS SPREAD</p>	<p>PROVISIONS FOR PROJECTOR/ DISPLAY SCREENS</p>

<p>VOLUNTARILY TRY & RESTRICT RECEIVING HOLY QURBANA /COMMUNION</p>	<p>BE EXTRA CAUTIOUS OF PERSONAL HYGIENE AND PREPAREDNESS TO RECEIVE QURBANA.</p> <p>VOLUNTARY RESTRICTIONS CAN BE PRACTICED FOR THE COMMON GOOD</p>	<p>USE OF EXTRA <i>THARVODO</i> (SPOON) SHALL BE CONSIDERED.</p> <p>RESTRICT RECEIVING QURBANA (COMMUNION) TO SPECIAL OCCASIONS LIKE BIRTHDAYS / WEDDING ANNIVERSARY ETC.</p>
<p>NO GIVING OF PEACE WITH HAND TOUCH.</p>	<p>BOWING TO EACH OTHER SHALL BE PRACTICED</p>	
<p>WEAR FACE MASKS AND EXCEPTIONS</p>	<p>HSE DIRECTIVES FOR ANY SPECIAL NEED TO BE FOLLOWED</p>	<p>ADVICE SUGGESTS THAT FACE COVERINGS SHOULD BE USED. DUE REGARD MUST BE GIVEN FOR WHOM FACE COVERINGS MAY BE INADVISABLE. E.G. ASTHMATICS. GOVERNMENT ADVICE SHOULD BE FOLLOWED.</p>
<p>NO POST SERVICE REFRESHMENTS OR GATHERINGS</p>	<p>STRICT AVOIDANCE</p>	<p>MAXIMUM STAY OF 2 HOURS IN A CLOSED ENVIRONMENT AS SUGGESTED BY HPSC AND HEALTH</p>
<p>NO KISSING OF HANDS /CROSS (KAIMUTHU)</p>	<p>OFFERINGS CAN BE DROPPED INTO THE OFFERTORY BOX PLACED ON EACH SIDE OF THE AISLES</p>	



MINIMUM ALTAR ASSISTANCE	ALTAR ASSISTANCE SHALL BE MINIMISED AND ROTA TO BE FOLLOVED.	PHYSICAL DISTANCING, TOUCHING OBJECTS, SURFACES CAN BE MINIMALISED. HYGIENE CONSIDERATIONS SHOULD BE TAKEN INTO ACCOUNT & FOLLOWED WITH CAREFUL SUPERVISION
NO GATHERINGS IN CHURCH PREMISES BEFORE OR AFTER WORSHIP/SERVICES	AVOID BOTTLENECKS ON DEPARTURE– E.G. INCUMBENT AT DOOR TO SPEAK TO PARISHIONERS.	STRICTLY AVOID CLUSTERS OF PEOPLE.
CONTACT TRACING / ATTENDANCE	ATTENDANCE SHALL BE MAINTAINED AND RECORDED	FAMILY / INDIVIDUAL’S ATTENDANCE SHOULD ALSO BE CONFIRMED THROUGH PHONE CALL OR TEXT TO PARISH SECRETARY/ DESIGNATED PERSON
CHILDREN AND INFANTS	SPECIAL CARE AND ASSISTANCE BY PARENTS REQUIRED AT ALL TIMES UNNECESSARY MOVEMENTS & TOUCHING OF SURFACES SHOULD BE AVOIDED	EXTRA CAUTION, TRY NOT TO SHARE ANY TOYS OR PERSONAL BELONGINGS WITH OTHER CHILDREN
HIGH RISK GROUP	HIGH RISK GROUPS (INDIVIDUALS) SHOULD PREFER JOINING ONLINE SERVICES.	https://www2.hse.ie/conditions/coronavirus/people-at-higher-risk.html

GENERAL GUIDELINES/ ETIQUETTES

1. KNOW THE SYMPTOMS. IF YOU NOTICE ANY, SELF-ISOLATE & CONTACT A GP.

<https://www2.hse.ie/coronavirus/?source=banner-www>

2. AVOID ATTENDING WORSHIP/QURBANA IN CASE OF ANY SYMPTOMS. <https://www2.hse.ie/conditions/coronavirus/symptoms.html>
3. COVER YOUR MOUTH AND NOSE WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING AND DISCARD USED TISSUE SAFELY
4. CAREFUL PERSONAL CONSIDERATIONS AND HYGENE WHILE USING COMMON FACILITIES, TOILETS ETC.
5. USE / CARRY TISSUES, HANDTOWELS.
6. PERSONAL HYGENE TO BE MAINTAINED AT ALL TIMES, USE HAND SANTIZERS PRUDENTLY.
7. ONLY DESIGNATED PERSONS WOULD LEAD SONGS AND RESPONSES, CAUTION WHILE INTERACTING IN CLOSED ENVIRNOMENT.
8. AVOID TOUCING COMMON SURFACES, FURNITURE OR EQUIPMENTS.
9. ANOUNCEMENTS REGARDING ATTENDANCE FOR WORSHIP /QURBANA SHALL BE COMMUNICATED SOON, TAKING INTO CONSIDERATION THE SAFE CAPACITY, HSE GUIDELINES, & ECCLESIAL GUIDANCE OF THE CHURCH.
10. THE SUNDAY SCHOOL AND OTHER SPIRITUAL ORGANIZATIONS SHALL CONTINUE MEETING ONLINE.
11. ANY INDIVIDUAL OR FAMILY ATTENDING ANY FORM OF WORSHIP SHOULD BE STRICTLY CONSENT

